



## Who to contact

### West Mercia Police

101 (non-emergency)

999 (emergency)

### West Mercia Women's Aid

[westmerciawomensaid.org](http://westmerciawomensaid.org)

24 hour Help line

0800 783 1359

If you are worried or frightened by your partner or ex-partner, a family member or someone close to you, please ring our Helpline for support, advice and information about your options



Email: [info@victimadviceline.org.uk](mailto:info@victimadviceline.org.uk)

Web: [www.victimadviceline.org.uk](http://www.victimadviceline.org.uk)

Twitter: @WMerciaVAL

*The Victim Advice Line is a free and confidential service for victims and anyone who has been affected by crime and needs support.*

### Shropshire Domestic Abuse Service (SDAS)

[www.shropsdas.org.uk](http://www.shropsdas.org.uk)

0300 303 1191

### Shropshire Domestic Abuse Service (SDAS)

**Offers refuge accommodation female and males**

**Outreach support service, face to face or telephone**

**Support groups across Shropshire**

**Referral Line 0300 303 1191**

**(Monday to Friday 9am to 5pm)**

### Shropshire First Point of Contact

Adults 0345 6789044

Children 0345 6789021

Front door for Adult Social Care, Adult Safeguarding, Compass (concerns and early help for children), Family Information, Under 18 and homeless.

The First Point of Contact or 'FPOC Team' are part of Shropshire Council's Customer Service Centre. The team of advisors take calls and emails from members of the public looking for support and assistance for adults in Shropshire.

We also take calls from professionals and members of the public raising safeguarding concerns over the welfare of a child or young person in Shropshire or seeking professional advice at an early help level for children and their families.



## Who to contact (cont'd)

### National Stalking Helpline

0808 802 030  
[www.stalkinghelpline.org](http://www.stalkinghelpline.org)

The helpline provides guidance and information to anybody who is currently or has previously been affected by harassment or stalking. The Helpline can provide guidance on the UK law, reporting offences to the police, evidence gathering, and your personal safety.

### Karma Nirvana

0800 5999 24  
[www.karmanirvana.org.uk](http://www.karmanirvana.org.uk)

Providing support and advice around Forced Marriage (FM), Honour Based Abuse (HBA) and Female Genital Mutilation (FGM). Cultural acceptance does not mean accepting the unacceptable. One of our key principles is that we never talk to or engage with your family. Our commitment and loyalty is to you and as we understand the fears when family members become involved.

### Paladin (National Stalking Advocacy Service)

020 3866 4107  
[www.paladinservice.co.uk](http://www.paladinservice.co.uk)

Paladin assists high risk victims of stalking throughout England and Wales.

### ChildLine

0800 555 111  
[www.childline.org.uk](http://www.childline.org.uk)

ChildLine is the UK's free, confidential helpline dedicated to children and young people.

### Men's Advice Line

0808 801 0327 [www.mensadvice.org.uk](http://www.mensadvice.org.uk)

Confidential helpline for men experiencing domestic abuse.

### National Rape Crisis Helpline

0808 802 9999 (Freephone)

### National LGBT Domestic Abuse Helpline

0300 999 5428  
[help@galop.org.uk](mailto:help@galop.org.uk)

Support for lesbian, gay, bisexual and transgender people experiencing domestic abuse.

### Domestic Violence Disclosure Scheme (Claire's Law)

This scheme aims to provide a formal mechanism for you to make inquiries about your partner if you are worried that they may have been abusive in the past, or about someone else's partner on their behalf. If police checks show that the partner has a record of abusive behaviour, or there is other information to indicate that you may be at risk from your partner, the police will consider sharing this information with you or the person you are worried about. The scheme aims to help you to make a more informed decision on whether to continue a relationship and provides further help and support to assist you when making that choice. If you wish to make an application under the Scheme phone 101 (the non-emergency number for the police) and request to complete a Claire's Law application.